

Module: Career Planning

Lesson Title: Career Interests

Standards

Florida Adult Basic Education Career Planning Standards	Level Expectation
CP.ABE.02 Identify interests, skills, and personal preferences that influence career and education choices.	NRS Levels 1 – 6

Interpreting the Standard

1 Standards	2 Skills Included in the Standard	3 Concepts Included in the Standard	4 Through a Particular Context	5 Cognitive Demand/Levels of Thinking	6 Sample Activity
Identify interest, skills, and personal preferences that influence career and education choices.	Identify	interest, skills, and personal preferences	print and internet	DOK 2	Complete an interest survey and identify careers that match areas of interest.

Objectives of the Lesson

Students will:

- Complete an informal career interest survey (attached or online) to identify their interests.
- Discuss the results of the survey.
- Identify careers based on the results of the career interest survey.

Materials

- Career Interest survey worksheet included in this lesson (page 3).
(and/or the following online interest surveys)
- O*NET Interest Profiler <https://www.mynextmove.org/explore/ip>
An online interest survey that will match careers to areas of interest.
- An online interest survey <http://www.careeroutlook.us/assessment/short.shtml>

Instructional Plan

Overview

In this lesson, students will assess their career interests, discuss their results with a group and identify careers that are described by the three career interest groups.

Process

1. Introduce the Lesson: *Have you heard of the saying do what you love; love what you do? Finding a career or job you enjoy can mean knowing what you would love doing or what you are really interested in doing every day.*
2. Take a short career interest survey either online or included with this lesson (page 3). *If students are taking the online survey, follow the directions for the survey. You may ask the sample debriefing questions or similar questions. Directions for the survey included with this lesson continues:*
3. *Students circle the number of the statement that sounds like them. Students should circle as few or as many that describe their interests and skills. There is not a limited number the student should or should not circle.*
4. Score the survey: *Students can circle the number in the chart at the bottom of the worksheet or compare their selected statements.*
5. Discuss results: *See the debriefing section*
6. Brainstorm careers: *Using the descriptions found of the three groups (located at the bottom of the results), students brainstorm a variety of careers for each of the three groups.*

Sample Debriefing Questions

1. How well do the results describe you and/or your interests? Why or Why not?
2. Which group had the second most matches? How will you use the information?
3. Are there statements that you have a strong dislike? How will you use this information?

Modifications for Different Levels

Lower ABE levels: read statements to students or pair with another student. Record the lesson's directions and statements for a student center activity.

Assessments/Extensions

There are several options to evaluate your students. Have the students summarize verbally or in written form their experience and thoughts. The final assessment and evaluation is the student's career plan.

What are my Career Interests?

Your likes and dislikes are extremely important in planning your career. They will offer ideas of what types of work will suit you. The statements that follow will help you answer the question, “What do I like best?” Do not worry about education and training, we will look into those in another lesson.

Directions: Circle the number before the statements that describe you best.

1. I'd rather make something than read a book.
2. I enjoy problem solving games and working at puzzles.
3. I like helping others when they need it.
4. I enjoy learning about new topics by reading about them.
5. I like to work with my hands.
6. I like to be a leader of a group of people.
7. I prefer to know all of the facts before I tackle a problem.
8. I like to take care of other people.
9. I enjoy designing, inventing, and creating things.
10. I enjoy expressing myself through art, music, or writing.
11. I would like a job where I could deal with people all day long.
12. I like working with materials and equipment.
13. I enjoy learning new facts and ideas.
14. I find cooperating with others comes naturally to me.
15. I like finding out how things work by taking them apart.
16. I would choose working with things rather than working with people.
17. I can usually persuade people to do things my way.
18. I enjoy building and repairing things.
19. I enjoy the research part of my projects.
20. I like to interact with people.
21. I enjoy thinking up different ideas and ways to do things.
22. I like to hear other people's opinions.
23. I enjoy using different tools.
24. I find it easy to follow written instructions.

Results: Match your circled numbers to the numbers in the group below. Discuss your results (next page).

Group A	Group B	Group C
1, 5, 9, 12, 15, 16, 18, 23	3, 6, 8, 11, 14, 17, 20, 22	2, 4, 7, 10, 13, 19, 21, 24

How well does your results describe you?

Group A	Group B	Group C
You are a hands-on person. You enjoy using tools and machines, making objects with your hands, maintaining and fixing equipment, and finding out how things work.	You are a people person. You enjoy caring for and helping others, persuading people, working as part of a team, and leading and supervising others.	You are an information person. You enjoy expressing yourself through writing, music, and/or art, doing experiments or research, solving puzzles and problems, and studying and reading.

Which statement(s) from the survey describes you best?

Which statement(s) from the survey describes you least?

Describe how the result descriptions in the boxes above reflect your interests.

How will knowing what you like and/or dislike help you decide on an occupation?